

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Spin 6:00-6:30 AM 30 Mins Instructor: Hope</p>	<p>Smash 6:00-6:40 AM 40 Mins Instructor: Hope</p>	<p>Functional Strength 9:15-9:55 AM 40 Mins Instructor: Maddi</p>	<p>Functional Strength 6:00-6:40 PM 40 Mins Instructor: Lucy</p>	<p>Smash 6:00-6:40 AM 40 Mins Instructor: Natalie</p>	<p>Yoga 8:00-9:00 AM 60 Mins Instructor: Tayla</p>
<p>Smash 9:15-9:55 AM 40 Mins Instructor: Tatiana</p>	<p>Spin 9:15-9:45 AM 30 Mins Instructor: Natalie</p>	<p>Functional Strength 12:15-12:55 PM 40 Mins Instructor: Courtney</p>	<p>Boxing 9:15-9:45 AM 30 Mins Instructor: Maddi</p>	<p>Smash 9:15-9:55 AM 40 Mins Instructor: Natalie</p>	<p>Smash 9:15-9:55 AM 40 Mins Instructor: PT</p>
<p>Smash 12:15-12:55 PM 40 Mins Instructor: Tatiana</p>	<p>Yoga 12:00-1:00 PM 60 Mins Instructor: Tayla</p>	<p>Boxing 5:30-6:00 PM 30 Mins Instructor: Tom</p>	<p>Yoga 12:00-1:00 PM 60 Mins Instructor: Dan</p>		
<p>Boxing 5:30-6:00 PM 30 Mins Instructor: Tom</p>	<p>Functional Strength 5:30-6:10 PM 40 Mins Instructor: Courtney</p>		<p>Functional Strength 5:30-6:10 PM 40 Mins Instructor: Lucy</p>		
	<p>Pilates 7:00-8:00 PM 60 Mins Instructor: Lauren</p>		<p>Pilates 7:00-8:00 PM 60 Mins Instructor: Lauren</p>		